

# SANDWICHES

Served with house potatoes or fries and organic mixed greens tossed with balsamic vinaigrette. **Sub Sweet Potato fries-\$1**

<b>MEDITERRANEAN</b>	Grilled eggplant, roasted peppers, tomatoes, pesto, and provolone cheese on focaccia	\$14.95
<b>PIONEER</b>	Roasted turkey breast with lettuce, red onions, Dijon, mayo and dill havarti cheese	\$15.50
<b>MENDOCINO</b>	Albacore tuna salad with avocado, lettuce and tomatoes	\$15.95
<b>BODEGA BAY</b>	Albacore tuna melt with cheddar and a hint of Dijon	\$16.50
<b>CHICKEN SHAWERMA</b>	Sliced chicken breast marinated and grilled, served in Lavash with creamy garlic and pickles, with caesar salad	\$16.50
<b>KEBAB</b>	Beef and lamb marinated and grilled, served in lavash with roasted tomatoes, lettuce, and a cucumber yogurt sauce.	\$16.50
<b>THE JOEY</b>	Home made meatballs on toasted garlic bread, marinara sauce and mozzarella cheese	\$15.50
<b>GARDEN BURGER</b>	A grilled vegan patty served with lettuce, tomatoes, red onions and mayo	\$14.95
<b>CAT FISH BO'BOY</b>	Cajun marinated filet grilled and served on a toasted bun with chipotle mayo, Napa cabbage and onions	\$15.95
<b>THE STEAK **</b>	Grilled black Angus bistro fillet with grilled sweet onions, mushrooms and provolone, topped with chipotle aioli on a roll, served with caesar salad	\$16.95
<b>PACIFIC</b>	Pan-seared salmon fillet on a bun, with arugula, avocado and caper aioli	\$16.95
<b>FISH TACOS</b>	Fresh fillet broiled and served on corn tortillas with mango salsa and Caesar salad	\$16.50
<b>SONOMA</b>	Grilled chicken breast with lettuce, tomatoes, red onions, pesto and provolone on a bun	\$16.50
<b>CREPEVINE CLUB</b>	Chicken breast on sourdough with crispy bacon, avocado, lettuce, tomatoes and mayo	\$17.50
<b>BBQ PORK</b>	Slow-roasted, served Southern style with BBQ sauce and coleslaw on a bun and Caesar salad	\$15.95
<b>EL DORADO BURGER **</b>	1/2 lb. grass fed ground chuck served with lettuce, tomatoes, red onions and mayo on a bun	\$15.95
<b>EL BARON BURGER **</b>	1/2 lb. grass fed ground chuck with grilled red onions, mushrooms, avocado, jack and cheddar	\$17.50
<b>BLACKENED CHICKEN</b>	Spicy chicken breast on a grilled sourdough with provolone, tomatoes and cilantro, served with caesar salad	\$16.50
<b>COMBINATION</b>	Half of Mediterranean, Pioneer, Mendocino or Bodega Bay with a small Tossed Greens, Athena, Caesar or Soup	\$15.95

# SALADS

*Organic spring mix and romaine*

Add chicken breast, albacore tuna salad, or marinated tofu	\$4.50
Add grilled salmon or shrimp	\$5.95
<b>TOSSED GREEN</b>	With tomatoes, cucumbers, celery, carrots with caramelized walnuts and balsamic vinaigrette SM \$10.50 LG \$12.95
<b>CAESAR</b>	Romaine lettuce tossed with Caesar dressing, croutons and Parmesan SM \$10.50 LG \$12.50
<b>ATHENA</b>	Romaine lettuce, tomatoes, cucumbers, kalamata olives, red onions, and feta tossed with oregano vinaigrette SM \$10.50 LG \$13.50
<b>BANGKOK</b>	Mixed greens served with ginger curry marinated grilled chicken, red onions, mint, cilantro, roasted peanuts and spicy lemongrass vinaigrette \$16.95
<b>ASIAN CHICKEN</b>	Rice noodles, cabbage, romaine, carrots, cucumbers, red onions, cilantro and peanuts, with Asian dressing \$16.95
<b>GOLDEN GATE</b>	Mixed greens with beets, Gorgonzola, caramelized walnuts and orange vinaigrette \$13.95
<b>GRANADA</b>	Mixed greens with arugula, pears, roasted peppers, sumac onions, caramelized walnuts, Gorgonzola and pomegranate vinaigrette \$14.50
<b>CANCUN</b>	Romaine lettuce, corn, black beans, red onions tossed w/chipotle vinaigrette, served over flour tortilla, topped with charbroiled chicken breast \$16.95
<b>COMBINATION</b>	Bowl soup and your choice of small Athena, Tossed Greens, or Caesar salad \$15.95

# PASTA

Add grilled chicken breast \$4.50 — Add shrimp or salmon filet \$5.95  
Gluten Free penne pasta available for \$1

<b>PARMA</b>	Spaghetti with meatballs and marinara sauce topped with parmesan cheese	\$15.95
<b>FIRENZE</b>	Penne with grilled eggplant, peppers, zucchini, red onions, olive oil, roasted garlic and Parmesan	\$15.50
<b>ABRUZZO</b>	Fettuccine with pesto sauce and roasted almonds	\$15.50
<b>CAPRI</b>	Linguini with rock shrimp and marinara	\$16.95
<b>BARI</b>	Fettuccine with fresh salmon, spinach and Parmesan cream sauce	\$16.95
<b>PALERMO</b>	Fettuccine alfredo with Parmesan	\$15.50
<b>ROMA</b>	Penne with tomatoes, roasted garlic, basil, olive oil and feta	\$15.95
<b>LASAGNA</b>	Home-made four cheese beef lasagna with cheddar, mozzarella, ricotta, & romano with zucchini, spinach, mushrooms, and fresh basil served with caesar salad and garlic bread	\$16.95



**RESTAURANT**  
624 Irving St  
San Francisco, CA 94122

415.681.5858  
CALL IN PICK-UP ORDERS

**SUNDAY - THURSDAY**      **FRIDAY - SATURDAY**  
8am - 8pm                      8am - 10 pm

We serve 100% Natural Chicken and Beef NO antibiotics, NO hormones, NO steroids  
Our restaurant prepares and serves products that contain peanuts, tree nuts, fish, shellfish, eggs, milk, soy and gluten. Please keep in mind cross-contamination may occur.  
\*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. Our restaurant prepares and serves products that contain peanuts, tree nuts, fish, shellfish, eggs, milk, soy and gluten. Please keep in mind cross-contamination may occur. \*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

# SWEET CREPES

Served with whipped cream and vanilla ice cream — \$10.95  
GLUTEN-FREE available +\$1

<b>SANTORINI</b>	Walnuts, pistachios, brown sugar, coconut, cinnamon and mascarpone
<b>SIENA</b>	Nutella, strawberries and nuts
<b>SUNSET</b>	Strawberries, bananas and Nutella
<b>S'MORES</b>	Toasted marshmallows, graham crackers and chocolate kisses
<b>JAMAICAN</b>	Bananas in a caramel rum sauce
<b>KILAUEA</b>	Peanut butter and chocolate chips
<b>MIDNIGHT BLUES</b>	Blueberries, banana, brown sugar and rum sauce
<b>VERONA</b>	Mascarpone cheese with graham crackers and blueberry compote

# SAVORY CREPES

Served with house potatoes or fries and organic mixed greens tossed with balsamic vinaigrette. **Sub Sweet Potato fries-\$1**

<b>FLORENTINE</b>	Spinach, mushrooms, glazed onions with Jack and cottage cheese	\$14.95
<b>GREEK</b>	Spinach, kalamata olives, roasted almonds, onions with feta cheese and cucumber yogurt sauce	\$14.95
<b>MILANO</b>	Grilled eggplant, mushrooms, spinach, tomatoes, roasted garlic with cheddar, mozzarella, cottage cheese and marinara sauce	\$15.95
<b>SANTA FE</b>	Grilled chicken apple sausage with scrambled eggs, green onions, provolone and salsa fresca	\$15.95
<b>TUSCANY</b>	Chicken breast with mushrooms, tomatoes, roasted almonds, provolone, feta and pesto	\$16.95
<b>PATTAYA</b>	Sauteed chicken or shrimp with mushrooms, spinach, and red onions with a spicy cilantro, basil, peanut sauce	\$16.95
<b>BOMBAY</b>	Sauteed chicken or shrimp with spinach, bell peppers, mushrooms and onions with curry sauce	\$16.95
<b>CALIFORNIA</b>	Avocado, bell peppers, tomatoes, sauteed onions and cheddar topped with salsa fresca and sour cream (spicy chipotle optional)	\$15.50
<b>KYOTO</b>	Marinated grilled tofu sauteed with spinach, bell peppers, mushrooms and peanut sauce	\$15.95
<b>SAN FRANCISCO</b>	Fresh or smoked salmon with capers, red onions, spinach, dijon and dill havarti	\$16.95
<b>THE PHILLY</b>	Sliced and grilled beef fillet with caramelized onions, mushrooms and white cheddar (spicy chipotle optional)	\$16.95
<b>VALENCIA</b>	Smoked chicken sausage, scrambled eggs, mozzarella cheese, avocado, and bell peppers, topped with sour cream.	\$16.95
<b>LE DELICE</b>	Ham and cheddar cheese	\$13.95

Add chicken, ham, chicken apple sausage, bistro filet \$3.95  
 Add smoked salmon or fresh salmon \$4.95  
 Substitute Gluten Free Crepe \$1.00

# KID'S MENU

Ages 12 and under \$8.50

<b>GRILLED CHEESE SANDWICH*</b>	<b>KOSHER HOTDOG*</b>
<b>MINI BURGERS*</b>	<b>SILVER DOLLAR PANCAKES</b>
<b>SCRAMBLED EGGS</b> w/ house potatoes, fries, or toast	<b>PENNE PASTA</b> Tomato sauce or butter
<b>SPAGHETTI</b> With marinara and meatballs	<b>TUNA MELT*</b> On an English muffin

\*served with fries. Add a kids drink: lemonade, apple juice, safari cooler \$ 1.25

# EGG-CEPTIONALS

All egg dishes are made with three eggs and served with house potatoes and toast (whole grain wheat, sourdough, rye, or English muffin)

<b>AMERICANO **</b>	Three eggs, any style, with potatoes and toast Add chicken apple sausage, bacon or ham steak	\$10.95 \$3.95
<b>SANTA ROSA</b>	Spinach, tomatoes, onions and mushrooms with cheddar cheese	\$14.95
<b>TOFU</b>	Marinated grilled tofu with mushrooms, spinach, onions and bell peppers	\$14.95
<b>PETALUMA</b>	Chicken apple sausage, mushrooms and spinach with provolone and salsa fresca	\$15.25
<b>PROVENCE</b>	Fresh salmon, spinach, red onions & goat cheese	\$16.50
<b>THE MISSION</b>	Chorizo (soy or chicken), eggs, peppers, Jack cheese and scallions wrapped & grilled in a flour tortilla served on a bed of black bean chili and topped with salsa fresca, avocado, and sour cream	\$15.95
<b>HUEVOS RANCHEROS **</b>	Corn tortillas topped with jack cheese, black beans, over easy eggs and avocados with Salsa ranchera. Add a ham steak for \$2.50	\$14.95
<b>EL PASO **</b>	Homemade corned beef hash with bell peppers and onions over potatoes with melted cheddar topped with three eggs any style	\$15.95

# OMELETTES

All omelettes are made with three eggs and served with house potatoes and toast (whole grain wheat, sourdough, rye, or English muffin)

<b>DENVER</b>	Ham, cheddar cheese, onions and bell peppers	\$15.95
<b>GREEK</b>	Feta cheese, spinach, kalamata olives, sauteed onions and roasted almonds	\$15.95
<b>SPANISH</b>	Cheddar, avocado, onions, sour cream and salsa fresca	\$15.95
<b>MAZATLAN</b>	Soy bean chorizo, avocado, black bean chili, Jack and cheddar cheese with salsa fresca	\$15.95
<b>CHEESE</b>	<b>Select two:</b> cheddar, provolone, Jack, mozzarella, dill havarti, feta, or goat	\$13.95

# BENEDICTION

Served with house potatoes

<b>BLACKSTONE **</b>	Grilled red onions, tomatoes, avocado and poached eggs on an English muffin with hollandaise sauce	\$15.50
<b>COSTA DEL SOL **</b>	Sauteed ham, spinach and onions with poached eggs on an English muffin with hollandaise sauce	\$15.50
<b>NEW ORLEANS **</b>	Crab cakes on an English muffin with poached eggs and spicy cajun hollandaise	\$16.50
<b>COTE D'AZUR **</b>	Smoked salmon, spinach, and red onions poached eggs on an English Muffin with hollandaise sauce	\$16.50

# PANCAKES & THINGS

Homemade and served with 100% pure organic maple syrup

Add banana, coconut, or chocolate	\$1.95
Add strawberry, blueberry, or fresh fruit cup	\$2.50
<b>BUTTERMILK PANCAKES</b> Gluten Free Available +\$1	\$11.95
<b>PUMPKIN SPICE PANCAKES</b>	\$11.95
<b>SWEDISH OATMEAL PANCAKES</b> With Blueberry Compote	\$12.95
<b>PURPLE STACK PANCAKES</b> Swedish Oatmeal with mascarpone and blueberry compote	\$13.95
<b>LA SUISSE FRENCH TOAST</b> French toast made with homemade French bread with a touch of cinnamon and powdered sugar	\$11.95
<b>PARISIENNE FRENCH TOAST</b> French toast with homemade raisin walnut cinnamon bread with a touch of powdered sugar	\$12.95
<b>BELGIAN WAFFLE</b> Made to order, home-recipe waffles served with whipped cream and your choice of strawberries, blueberries, or bananas. Gluten Free Available +\$1	\$10.95

# APPETIZERS AND SIDES

House potatoes or fries	\$4.95	Sweet Potato Fries	\$5.95
Buffalo Wings	\$8.95	Calamari	\$9.95
		Onion Rings	\$6.75

**THE SAMPLER, a taste of all the above** \$15.95

Garlic Fries	\$6.75	Spicy Cornbread with Jalapeño Jelly	\$7.25
Bagel or toast	\$2.50	Bagel with cream cheese	\$3.95
Bowl of Oatmeal with seasonal berries, bananas, brown sugar and cinnamon	\$7.25	Soup Or Chili	bowl cup \$5.95 \$4.50
Bowl of fresh fruit	\$5.95	One egg any style	\$1.75
Add granola or yogurt	\$1.25		
Chicken Apple Sausage	\$4.95	Bacon or Ham Steak	\$4.95

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